

Week									
#	Description/Date	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Total
1	Be strong and love myself (self-care)								
2	Purpose								
3	Trust								
4	Honesty								
5	Mindfulness								
6	Productivity								
7	Morning								
8	Health								
9	Finance								
10	Cleaning								
11	Words (no complain/no blame)								
12	Kindness								
13	Beauty								
14	Learning								
Total									

How Productive I was this week?

Notes for improvement.

My big wins.

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